



# **Introduction to Food Resource Websites**

## **Investing in Futures University**

Updated June 2013



- “Growing Food in the City” brochure  
[http://seattleilth.org/learn/hotline/index\\_html](http://seattleilth.org/learn/hotline/index_html)
- SNAP Eligibility and benefit estimator  
[http://foodhelp.wa.gov/basic\\_food.htm](http://foodhelp.wa.gov/basic_food.htm)
- WIC clinic finder  
<https://resources.parenthelp123.org/service/wic-nutrition-program-for-women-infants-children>
- List of participating farmers markets (FMNP)  
<http://extension.wsu.edu/farmersmarket/locations/Pages/ParticipatingMarkets.aspx>
- List of participating farm stores (FMNP)  
<http://extension.wsu.edu/farmersmarket/locations/Pages/ParticipateFarmStore.aspx>
- Summer Food Service Program  
<http://cdn.parenthelp123.org/assets/1603/Seamless-Summer-Feeding-Program.pdf>
- National Hunger Hotline  
<http://www.whyhunger.org/findfood>
- Meals on Wheels  
[http://www.sssc.org/meals\\_on\\_wheels.htm](http://www.sssc.org/meals_on_wheels.htm)
- Senior Dining  
[http://www.sssc.org/senior\\_dining.htm](http://www.sssc.org/senior_dining.htm)
- Contact Volunteers of America at 425-259-3191 or  
[www.voaww.org](http://www.voaww.org)



- List of food banks in Snohomish County  
<http://www.voaww.org/Get-Help/Food/Food-Banks/Sno-Co-Distribution>
- Northwest Harvest partner food banks  
[http://northwestharvest.org/Our\\_Partners/Partner\\_Programs.htm](http://northwestharvest.org/Our_Partners/Partner_Programs.htm)
- 2-1-1  
<http://win211.org/>
- State Food Assistance Program  
<http://www.dshs.wa.gov/onlinecso/fap.shtml>
- Free legal help at CLEAR\*Online  
<http://nwjustice.org/clear-online>
- My Plate  
<http://www.choosemyplate.gov/>
- Food safety  
<http://snohomish.wsu.edu/nutrition/foodsafety.htm>
- YMCA offers discounted membership and financial assistance for their programs  
[www.ymca-snoco.org](http://www.ymca-snoco.org)
- Food Sense programs at Washington State University Extension  
<http://nutrition.wsu.edu/foodsense/projects.html#>
- Within Reach Nutrition Services and Education  
<http://www.withinreachwa.org/what-we-do/healthy-families/food-access/>
- Farm & Crop Locator  
<http://smallfarms.wsu.edu/buy-direct.html>



- Still Tasty  
<http://www.stilltasty.com/>
- Eat This Not That  
[www.eatthis.com](http://www.eatthis.com)
- List of community gardens by Washington State University Extension  
<http://growinggroceries.wsu.edu/SnohomishCountyfoodgardens.htm>
- Red Barn Community Farm  
<http://www.redbarncommunityfarm.org/index.tpl>
- Check if the soil is safe  
<http://www.ecy.wa.gov/ecyhome.html>

