



Introduction to K-12 Education (Part 2)

Investing in Futures University

Updated June 2013



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- There are internet links embedded in the presentation that appear underlined and in a different color than regular text; purple if it has not been clicked on before and green when it has been clicked on before. To follow the link, just click on the underlined section described above.
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- There is an .pdf available for download that includes all the links contained in this presentation.



Investing in Futures Mission Statement

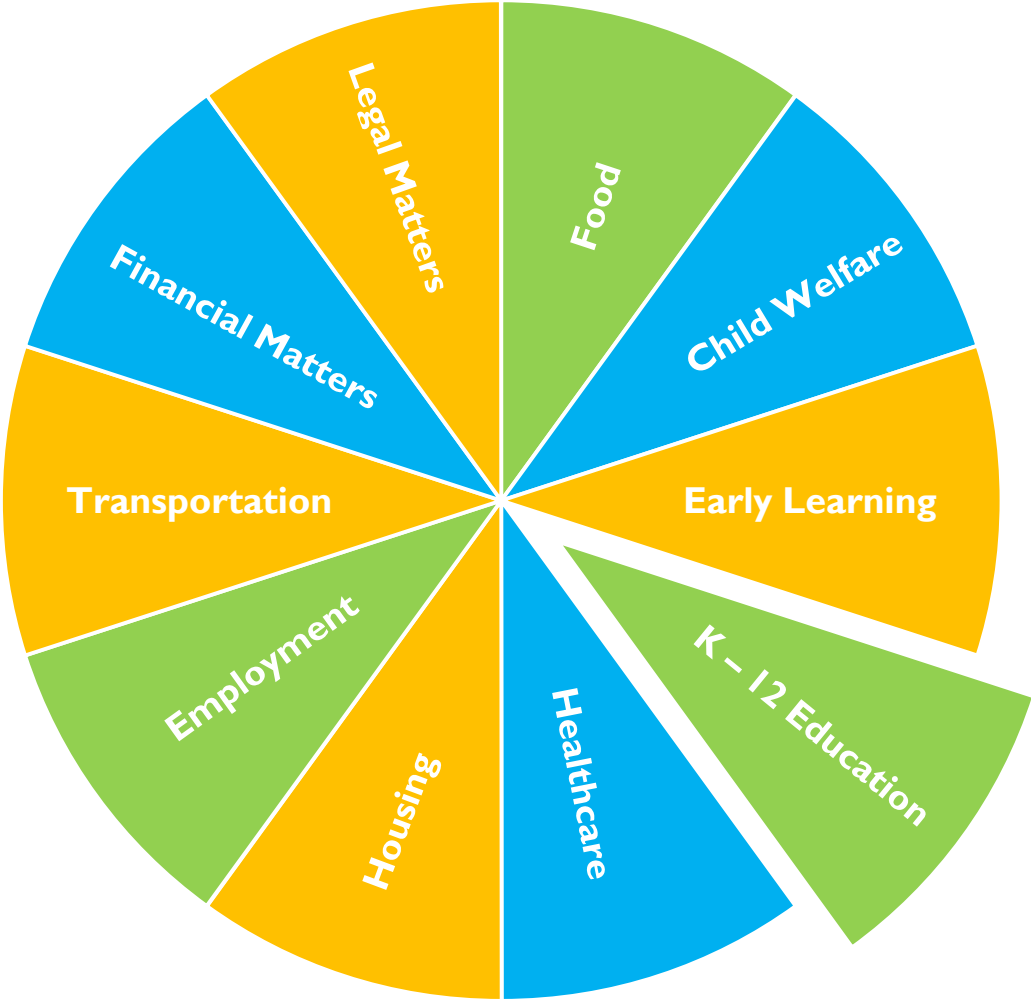
Every Snohomish County family has ready access to the housing, economic opportunities, and support to lead lives of dignity and fulfillment.

Investing in Futures University Mission Statement

Investing in Futures University enhances community capacity and effectiveness by developing the expertise of helping professionals in an evidence-based, comprehensive systems approach to addressing the complex needs of vulnerable families and individuals.



IIF University Systems Modules



Hello everyone! Thank you for choosing to take this course. Here is a brief introduction.

K-12, Part 2 explores enrollment options for high school students as well as topics to prepare students for the life after high school such as graduation, vocational education, scholarships for college and drop out prevention. Please be sure that you study Part I for topics such as additional enrollment options, parental involvement, after school activities, special education and parenting challenges.

Vocational education programs and dual credit programs can help students become more interested in school and can further help them with life after high school. College success is significantly dependent on how well a student is prepared before the student starts college. This module can help parents get financial resources and academic support necessary for the preparation.



What will be learned from taking this course?

At the end of the presentation, the reader will have a better understanding of the options to:

- Help students and families successfully complete high school education.
 - Prevent drop out and re-engage dropped out students effectively.
 - Help students and families plan life after high school.
 - Navigate vocational education options for high school students.
 - Raise awareness about college preparation, both financially and academically.
- ❖ Investing In Futures University does not endorse any commercial products, processes, or services listed in this presentation.



School System & Related Services



High School Graduation Requirements

To earn a high school diploma, a public school student must:

- Earn minimum high school credits.
 - Washington requires a minimum of 20 credits. Many local school districts, however, require students to earn credits beyond the state minimum.
- Pass state tests or approved alternatives to those tests.
 - Certificate of Academic Achievement or Certificate of Individual Achievement (for students with an individualized Education Program) shall be obtained by most students at about age 16.
 - Students can retake the statewide student assessment up to four times in the content areas which the student failed. The exams are offered at least twice a year.



High School Graduation Requirements

- Alternative assessments (may include an appeals process for students' scores) such as the SAT, ACT, AP exam scores may be used.
- Students have the option to continue to receive instructional services after grade twelve or until the age of 21.
- Complete a Culminating Project (Senior Project)
 - Contact your high school for information about the Culminating Project.
- Complete a High School and Beyond Plan
 - Each school district determines the guidelines for the High School and Beyond Plan. Please contact your local school district to obtain a copy of the guidelines.



Public School Enrollment Options

In the following slides, we will explore each program as well as related services offered by various community organizations.

- Skills Centers*
- Tech Prep*
- International Baccalaureate*
- Advanced Placement*
- College in the High School Dual Credit Option*
- Running Start*
- Associate Degrees and the Issuance of High School Diplomas*
- Dropout Reengagement Program

* Also available for home-school students



Skills Centers

- Skill centers are regional secondary schools that serve high school students from multiple school districts. They provide instruction in preparatory programs that are either too expensive or too specialized for school districts to operate individually.
 - Free tuition for high school students
 - Summer school may be offered.
 - Earn up to 3+ high school credits in a full-year program.
 - Participate in internships, pre-apprenticeships, and workshop learning.
 - Receive advanced placement and/or college credit through the Tech Prep programs.
- Sno-Isle Tech Skills Center
 - Receive certifications such as: CompTIA, Automotive Service Excellence, American Welding Society, CISCO, Nursing Assistant, I-CAR, Microsoft, Oracle, DigiPen, American Culinary Federation, National Restaurant Association



Online Tutorials

- [Khan Academy](#)
 - Offers a library of lesson videos and practice sessions in math, science, economics, computer science, humanities & test preparation courses.
 - Free or charge
- [Lynda](#)
 - 3D+ Animation, audio, business, CAD, design, developer, video, web courses and more (more than 2000 courses)
 - \$25/month and up
- [Learn IT! Anytime](#)
 - Unlimited access to courses in MS Office and graphic design.
 - \$24.99/month
- [Teach U comp](#)
 - MS Office, small business accounting and continuing professional education
 - \$25/month



Online Tutorials & Apprenticeship

- Free computer training-WOW
 - Improve computer skills without purchasing/loading software.
- Key Train
 - Increase reading, math, job seeking and business etiquette skills with KeyTrain online lessons (at home or at the WorkSource center).
- Apprenticeship
 - Receive on-the-job training combined with related technical instruction in highly skilled occupations.
 - Wage increase progressively with satisfactory progress.
 - Some registered apprenticeship programs offer dual accreditation in industry certificate and college credits.
 - Maybe options for parents as well as youths.



Volunteering & Internships

- Corporation for National & Community Service (AmeriCorps)
 - One year community service/internship program at community organizations in Washington and around the country.
 - Offer monthly living allowance, student loan deferment and education award(\$5500-\$7000).
- Volunteering
 - <http://www.idealists.org>
 - <http://www.uwsc.org>
 - <http://www.volunteermatch.org>



Vocational Rehabilitation

- Labor laws
 - [Washington State Labor & Industries](#)
- [Division of Vocational Rehabilitation \(DSHS\)](#)
 - Offers school to work transition program.
 - A DVR counselor works with each individual one-on-one to design a customized, step-by-step- plan to achieve the desired job goal.
- [Washington State Department of Services for the Blind](#)
 - School-to-work transition services, job counseling, training, assistive technology.
- [VOA Disability services](#)
 - Offers recreational opportunities and supported living.
- [School transition services](#)



Vocational Rehabilitation

- Sherwood Community Services, Lake Stevens
 - Career services for transition students and adults, assistive technology.
- Work Opportunities
 - Job tours, assessments, job shadowing, volunteering, job development & placement, training & retention
- Village Community Services, Arlington
 - Vocational support for individuals with developmental and other disabilities.
- Bridgeways
 - Mental health employment support



Advanced Placement & International Baccalaureate

- High School Advanced Placement(AP) Program
 - Students who complete AP exams with a score of 3 or higher earn college credits.
 - 34 courses are available in art, English, mathematics, music, science, social studies, and world languages.
 - AP test scores needed for Elective/General Education Credits.
 - [For 4 year schools](#)
 - [For 2 year schools](#)
- High School International Baccalaureate(IB) Program
 - IB Diploma requires students to take six pre-determined IB courses each semester (language A and B, individual & societies, experimental sciences, mathematics, arts).
 - Available to students who live in program offering high school's service area.



Advanced Placement & International Baccalaureate

- For students who have been identified as gifted/highly capable. 8th grade students can take the Cognitive Abilities Test to be qualified as gifted/highly capable to participate.
- Look up school district websites for application deadline (usually Nov.).
- Test Fee Program
 - AP and IB allow dual credit to college through standardized exams.
 - Test fees (\$89) are reduced for qualifying low-income students to \$10.
 - Participation in free/reduced lunch, Social Security Program, Medicaid or family income not exceeding 150% of FPL.



Running Start & Tech Prep

- Running Start

- Students in grades 11 & 12 are allowed to take college courses at community & technical colleges and participating universities.
- Students do not pay tuition but do pay college fees and buy their own books, as well as provide their own transportation.
- Students receive both high school and college credit for the classes and therefore accelerate their progress through the education system.

- Tech Prep

- Students in grades 9-12 can take Career and Technical Education courses offered by community/technical colleges in high school campus for dual credit (tuition free).
- Anatomy & physiology, nursing, veterinary science, business & finance, digi-tools, Web design, graphic arts, video game design, culinary arts, mechanical engineering, construction, composite manufacturing, and welding.
- Find Tech Prep classes in the school/district.



College in the High School & College Credit for Life Experience

- College in the High School (CHS)
 - Qualified high school students can enroll CHS to take college level academic courses in high school.
 - CHS students are officially enrolled in the college/university and must meet college specific course requirements and prerequisites.
 - Costs to students vary with each institution.
- College credit for life experience: Prior Learning Assessment
 - In some cases, students can receive credits based on college-level knowledge and skills gained outside the classroom including employment and military training and services.



Associates Degree & The Issuance of High School Diplomas

- Students earning an associate degree from a community or technical college are allowed to receive a high school diploma, upon request, even if they have not otherwise met the high school graduation requirements. The program is open to 11th and 12th grade students who have participated in the Running Start program. Check with your high school administration or counseling office for details.
- Early College
 - Early college high schools are small public schools that blend high school and college, compressing the time it takes to complete a high school diploma and the first two years of college (tuition free).
 - Focus on students for who are unlikely to transition into postsecondary education.



Associates Degree & The Issuance of High School Diplomas

- Gateway to College
 - Students, aged 16-21, who have dropped out of school, or are in the danger of dropping out may qualify.
- Career Link-South Seattle Community College Career Link Program
 - A free high school completion program for students ages 16-21 who have left high school without a diploma.
- Technical College Direct Funded Enrollment Programs
 - Full-time special purpose high school located on the campus of participating colleges.
 - Lake Washington Institute of Technology
 - Clover Park Technical College
 - Bates Technical College



Associates Degree & The Issuance of High School Diplomas

- Integrated Basic Education and Skills Training (I-BEST)
 - Community and technical college programs which allow students to learn basic skills during job training.
 - Two instructors in the classroom-one to teach professional/technical content and the other to teach basic skills in reading, math, writing or English language-means students start earning college credits immediately.
- Adult High School
 - Offer tutoring and one on one advising to create an academic and career plan.
 - Students 19 and over are eligible for reduced tuition.
 - Everett Community College
 - Edmonds Community College



Facts About Dropping Out

Who is dropping out?

- 88% had passing grades, with 62% having “C’s and above”.
- 66% would have worked harder if expectations were higher.
- 70% were confident they could have graduated from high school.
- 81% recognized that graduating from high school was vital to their success.
- 74% would have stayed in school if they had to do it over again.
- 51% accepted personal responsibility for not graduating and an additional 26% shared the responsibility between themselves and their school, leaving very few who blame the schools alone.

Why students drop out of high school

- Classes were not interesting 47%.
- Missed too many days and could not catch up 43%.
- Spent time with people who were not interested in school 42%.
- Had too much freedom and not enough rules in life 38%.
- Were failing in school 35%.

Sources: [The Silent Epidemic](#)



Dropout Prevention & Reengagement Programs

- Open Doors Youth Reengagement
 - A student may be able to participate in a dropout reengagement program which provides education and services to older youth, ages 16-21, who have dropped out of school or are not expected to graduate from high school by the age of 21.
 - Academic instruction, including GED preparation, academic skills and college and work readiness preparation that generates high school credit for a diploma and has the goal of academic and work readiness.
 - Instruction by certified teachers or college instructors whose credentials are established by the college.
 - Case management, counseling, and resource and referral service.
 - Opportunity for qualified students to enroll in college courses tuition-free, if the program provider is a college.
 - Contact local school district for more information.



Dropout Prevention & Reengagement Programs

- Jobs for America's Graduates (JAG)
 - For grades 6 through 12.
 - Also offer drop out recovery & early college success programs.
- Eastside Summit
 - For 6th through 12th grade.
 - Provides a safe, supportive alternative environment to the traditional middle/high school campus.
 - Support students working towards returning to their local school program, transitioning to higher education or employment training program, graduation, etc.
 - Index, Lake Stevens, Monroe, Snohomish, Sultan school districts
- Graduation, Reality And Dual-role Skills (GRADS)
 - Offers work and family foundation skills for teen parents.
 - On-site child care and practicums
 - At Sequoia High School, Everett
 - 425-385-5100



Vocational Training & GED

Some students who find school uninteresting prefer a more hands-on learning style and tend to do well in vocational programs.

- Work Source Youth Programs

- For people who dropped out of high school, ages 14 through 21, who are low income, and who may need help completing an educational program or finding and holding employment.
- Training, counseling, internships, job placements, mentoring, tutoring, support services

- Youth Build Snohomish County

- A 10-month construction training program (paid)
- Also offer GED, personal support, job search help.
- Youth 18-24 years old who are unemployed and low income (less than \$10,830 per year for a family of one) and do not have High School Diploma.



Vocational Training & GED

- [Northwest Regional Learning Center](#)
 - An alternative environment to the traditional high school for disenfranchised or court-involved students.
 - High school diplomas, GED, post-school plan, skills for a successful return to high schools, CPR & food handler's permit.
 - Arlington, Everett, Granite Falls, Lake Stevens, Marysville, Mukilteo, Snohomish districts
- [GED test Information](#)
- Free and low cost GED classes
 - [Work Source](#) (For youth and young adults)
 - [Cascadia Community College](#), Bothell
 - [Edmonds Community College](#), Lynnwood
 - [Everett Community College](#) (Everett, Tulalip, Monroe, Arlington)



Getting Ready for College



Facts about College

- Nationally, only 6% of college students from low-income families earn a bachelors degree in six years.
- Among part time college students in Washington, only 10% complete an associate degree within 3 years and 34% complete a bachelors degree within 6 years. Students who work less than 20hrs/week are more likely to be connected to their campus and academically successful than students who work more.
- Many freshmen college students are not academically prepared for more demanding college level work and drop out during the first year. More than 75% of students who have an A- or higher GPA in high school complete college, compared to 20% of students with a C average in high school.
- Over 60% of students who have taken two or more Advanced Placement (AP) courses in high school graduate from college in 4yrs or less, compared with 29% of students who have taken no AP classes.



Facts about College

- Graduation rates by campus differ significantly. E.g. Bellingham Technical College(88%) vs. Tacoma Community College(18%)/UW Seattle(81%) vs. Eastern Washington Univ.(47%)
- Scholarships are available even if the student does not have very high grades. Washington is among the top three states for need-based financial aid funding. Of the nearly 500 scholarships listed on the [WashBoard](#) (scholarship matching service for Washington students) in 2011-12, only 10% required a GPA higher than 3.0. The average debt load upon graduation is about \$22,000 for Washington students.
- Some of the best need-based grants have application deadlines as early as 8th grade.
- Median annual income (age 25+): No high school \$19,405, High school/GED \$26,894, Some college/associate degree \$32,874, Bachelor's degree \$46,805, Advanced degree \$61,287

FAFSA

- The [FAFSA](#) is the primary application for all student aid and is used for federal & state grants, work study and other assistance. The FAFSA will determine students' eligibility to receive the College Bound award and many types of financial aid.
- Students should file the FAFSA even if they are not sure they will go to college/how much aid they will need/receive other scholarships.
- Complete the FAFSA as soon as possible after January 1 (some aid is limited) of the senior year of high school. February 1 is the FAFSA priority filing date.
- The Washington Student Achievement Council (WSAC) receives students' FAFSA information and will notify them via email. If students don't hear from WSAC within two weeks, they should contact WSAC at 1-888-535-0747.
- [Credits needed for college](#)
- ["To Do" list for high school seniors](#)



Federal Pell Grants

- Federal Pell Grants
 - Maximum \$5,550 (2012-13) is awarded to undergraduate students per year (July 1 to June 30).
 - Up to 12 semesters or the equivalent.
 - The amount will depend on financial need, cost of attendance, full-time or part-time status and attending school for a full academic year or less.
 - The amount of any other student aid one might qualify does not affect the amount of their Federal Pell Grant.
 - Need not be repaid. Apply through FAFSA.



Other Federal Grants

- Federal Supplemental Educational Opportunity Grant (FSEOG)
 - Between \$100 and \$4000 per year depending on the financial need (average award was \$762 in 2010).
 - First come first served, apply through FAFSA.
 - Contact the Federal Student Aid Information Center at 800-433-3243 for more information.
- Teacher Education Assistance for College and Higher Education Grant (TEACH)
 - Grants for students who plan to become a teacher in a high-need field in a low-income area.
 - Up to \$4000 a year to students who are completing or plan to complete course work needed to begin a career in teaching.
 - Service obligation: At least four complete academic years within eight years after completing the course of study.
 - If not completing the service obligation, all TEACH Grant funds received will be converted to a Direct Unsubsidized Loan.



Federal Stafford Loan

- Low fixed interest rate.
- Students can apply for either [Direct Subsidized Loans or Direct Unsubsidized Loans](#) (same interest rate).
- Direct Subsidized Loans are available to undergraduate students who have financial need. Students are not required to show financial need for Direct Unsubsidized Loans.
- Must be enrolled at least half-time in a degree/certificate program.
- Can be combined with other financial aid, such as Pell grant.
- The amount of the loan and interest must be repaid after graduation, a drop to less than halftime attendance at school, etc.
- The available amount of loan varies by course of study, year of attendance and whether one is a dependent student or an independent student.
- Dependent freshman(fulltime) can receive up to \$5500.
Independent freshman can receive up to \$9500 (no more than \$3500 of this may be in subsidized loans).



Federal Perkins Loan

- Up to \$5500 a year. Up to \$27500 in total as an undergraduate.
- For students with exceptional financial need.
- Interest rate is lower than Stafford Loan.
- Repayment begins nine months after leaving school (or drop below half-time).
- Not all schools participate in the [Federal Perkins Loan Program](#). Check with the school's financial aid office.
- Funds depend on the student's financial need, the amount of other aid received, and the availability of funds at the school.
- Limited funds. Apply early.



PLUS Loans

- PLUS loans are federal loans that graduate students and parents of dependent undergraduate students can use to help pay education expenses. It can help pay for education expenses not covered by other financial aid.
- The borrower must not have an adverse credit history.
- If a parent borrower is unable to secure a PLUS loan, the undergraduate dependent student may be eligible for additional unsubsidized loans to help pay for his or her education. The dependent student should contact the school's financial aid office for more information.
- Low fixed interest rate (higher than Stafford or Perkins loan).
- The maximum loan amount is the student's cost of attendance (determined by the school) minus any other financial aid received.
- Repayment begins once the loan is fully disbursed (paid out). Deferment can be requested for six months (interest will accrue on the loan during the deferment).



Federal Work-Study

- Work-Study provides part-time jobs for students with financial need.
- Encourages community service work and work related to the student's course of study (on campus or off campus).
- Available to full-time or part-time students.
- Administered by schools. Check with the school's financial aid office.
- First come, first served basis.
- Total work-study award depends on when the student apply, the student's level of financial need, and the school's funding level.
- Pays at least the current federal minimum wage.



Veterans Benefits

- GI Bill
 - Provides financial support for education and housing.
- Military Academies
 - Students who attend four-year military colleges receive free tuition and a monthly allowance.
- Reserve Officer Training Corps (ROTC)
 - Full scholarship for 2 or 4 year schools
- Loan Repayment Program
 - Students who enlist in the U.S. Army may be eligible for loan repayment assistance. In return for a 3 year enlistment, the Army will repay up to \$65,000 on specific federally guaranteed loans to qualified applicants.
- Veterans Benefits
 - Veterans or dependents of veterans may be eligible for some educational benefits.
- For more information about military programs.



State Financial Aid Programs (Washington Opportunity Pathways)

- State Need Grant
 - Available for students whose family income is up to 70% of the state median income attending eligible universities/career schools in Washington (about 70,000 recipients).
- College Bound Scholarship Program
 - Provides tuition and book allowance to income-eligible students.
 - Apply by June 30 at the end of their 8th grade year.
- Opportunity Grant
 - Funding for high-wage, high-demand careers offered at community or technical college.
 - Qualified students (approved for a grant-eligible program. Family income up to 200% FPL) can get funding for up to 45 credits to be used within three years.
 - Also offers help with tutoring, career advising, emergency child care/transportation.



State Financial Aid Programs (Washington Opportunity Pathways)

- Opportunity Scholarship
 - \$5000 to pay for school each year available for college juniors and seniors admitted into an approved science, technology, engineering & mathematics or health care major.
 - Students with family income up to 125% of the median family income.
- State Work Study
 - Students must demonstrate financial need based on a completed FAFSA.
 - Enroll at least half-time as an undergraduate student in an eligible program at a participating college/university.
- Passport for Foster Youth Promise Program
 - Scholarship and support services for students under 22 who have been in foster care.



State Financial Aid Programs (Washington Opportunity Pathways)

- Washington Scholars and WAVE (Washington Award for Vocational Excellence)
 - Merit scholarships for 3-4 students from each of the state's 49 legislative districts (about 400 recipients).
 - Contact the school for more information.
- Washington Conditional Loan Programs
 - Various low-interest loans, conditional scholarships, and loan repayment programs are available for students pursuing education in aerospace and teaching.
- American Indian Endowed Scholarship
 - Students intending to enroll full-time as an undergraduate student in Washington.



Financial Aid for college

- College Success Foundation
 - Engages with students as early as 7th grade to increase college awareness.
 - Supports high school students with college entrance.
- Supplemental Educational Transition Planning (SETuP) at Youthnet
 - Passport to college program for foster youth, ages 14-18.
 - Offers assistance with pre-college readiness, financial aid, college admissions applications, transportation, and housing.
- Use private loans only after maxing out Federal loans. Available to students who are ineligible for federal aids because of citizenship status.



Financial Aid for college

- Information for students who are ineligible for federal aids because of their immigration status.
 - <http://www.educationusa.info/centers.php>
 - <http://www.internationalscholarships.com/>
 - <http://www.wsac.wa.gov/PayingForCollege/FinancialAid/FAQ/Undocumented>
- Visit University Financial Aid websites
 - Most schools offer internal, external scholarships, need/merit based scholarships, fellowships.



Summary & Feedback

Thank you for completing the Introduction to K-12 Education module, Part 2. Here is a summary of what we learned:

- Sno-Isle Tech Skills Center
- Online tutorials & trainings
- Apprenticeship
- Volunteering & Internships
- School-to-work transition programs
- Advanced Placement & International Baccalaureate
- Running Start, Tech Prep & College in the High School
- Associate Degree programs that issue high school diplomas
- Drop-out prevention, re-engagement programs & GED
- Federal Pell Grants, Stafford loan, Perkins loan & PLUS loans
- State Need Grant, College Bound Scholarship, Opportunity Grant/Scholarship

We welcome your feedback and will regularly update the contents of this presentation. Please let us know if any of the referral on this presentation did not work or if you have any comments.

Our email address is karenmatson@housinghope.org.



Useful Websites & Agencies

- Washington State Board for Community & Technical Colleges
<http://www.sbctc.ctc.edu/index.aspx>
- Washington Student Achievement Council
<http://www.wsac.wa.gov/>
- Federal Student Aid
<http://studentaid.ed.gov/>
- Scholarship websites
www.finaid.org
<http://www.fastweb.com/>
<http://www.careerinfonet.org>
<https://bigfuture.collegeboard.org/>

